

## REFERRAL PROCESS

### Extrajudicial Measures (EJM)

Referrals for this pre-charge diversion program are made through Chatham-Kent Police Service, through the Youth Officer.

### Extrajudicial Sanctions (EJS)

Referrals for this post-charge diversion are made by the Crown Attorney.

### Positive Strides Programs

Referrals can be made by: family members/supporters, the youth, any representative from the Board of Education, any representative from a community partner agency or social service provider.

Please complete our one-page referral form available on our website, or receive a copy by emailing [info@rjck.org](mailto:info@rjck.org). Alternatively, you can call the office and have a referral form completed over the phone. If you already have a hard copy of the referral form, you can fax it to **519-380-9146** or send by email to a staff team member directly, or [info@rjck.org](mailto:info@rjck.org).



Restorative Justice Chatham-Kent was established in 2003, and is a community-oriented, non-profit and charitable organization.

## OUR MISSION

We provide alternative pathways for at-risk youth, restoring a positive connection with the community, thereby creating a safer, healthier Chatham-Kent.

## DONATIONS

Donations to our organization – both financial and in-kind services – are always appreciated. Please visit our website to learn more about making a contribution, and/or volunteering your time and talents to RJCK.

Registered Charity # 889010203RR0001

Restorative  
Justice



Chatham-Kent



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Restorative  
Justice



Chatham-Kent

BUILDING POSITIVE PATHWAYS  
FOR OUR YOUTH,  
OUR FUTURE



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## EXTRAJUDICIAL MEASURES (EJM) EXTRAJUDICIAL SANCTIONS (EJS)

These 'alternative measures' programs are funded by the Ministry of Children and Youth Services, and are only available to youth (12-17) within the realm of the criminal justice process. These programs are only available to those youth who: have committed minor offences, have no/limited criminal history, accept responsibility for their role in the incident, and voluntarily agree to participate in the program. Types of offences considered for EJM and EJS can include, but are not limited to: minor property crimes, assault, harassment, possession (minor amount) of a controlled substance, contrary to the *Controlled Drugs and Substances Act* (CDSA).

'EJM' is considered a pre-charge diversion program, as appropriate referrals are made at the discretion of the Chatham-Kent Police Service. 'EJS' is considered a post-charge diversion program, as referrals are made at the discretion of the Crown Attorney, at the court level of the process; this is the most formal type of alternative measure authorized by the *Youth Criminal Justice Act*.

'Measures' or 'Sanctions' required to complete either program successfully can include, but not limited to:

- Letter of apology
- Community service hours
- Creative project
- Educational programming (participation in relevant RJCK *Positive Strides* Programs)
- Restitution to those harmed (victim), as appropriate
- Charitable donation

**NOTE:** Restorative Justice Conference/Process may occur (as appropriate) to further involve the community in the process, and to include those parties involved/harmed by the young person's actions.

## RESTORATIVE JUSTICE COMMUNITY CONFERENCE

This restorative process may occur as part of the case file flow for EJM (pre-charge diversion) or EJS (post-charge diversion) programs offered by RJCK. However, an RJ Community Conference could be deemed as beneficial in other instances of conflict involving youth (i.e. in the school setting), that do not necessarily involve law enforcement.

**INCLUDED IN CONFERENCE:** those individuals harmed [the victim(s)]; the young person who caused the harm; each of their respective supporters/family members/guardians; RJCK trained community volunteers; RJCK conference facilitator; any other relevant community partner representatives – i.e. teacher, school administrator, police officer involved, etc.

The RJ Conference is a chance for the young person to take responsibility, and make amends for what he/she did, while repairing the harm caused both to the victim, and the community-at-large. It is also an opportunity for the victim to have a voice and feel empowered, and brings the community of CK together in helping restore broken relationships.



## POSITIVE STRIDES PROGRAMS

These intervention and educational programs are available to youth in the community who are not currently in conflict with the law, but who are at risk for delinquent, negative behaviours, and who may be struggling in school, at home, and/or within their social environments.

Programs are typically delivered in a one-on-one format, but can be designed for a group format, as needed. All programs are tailored to the individual's learning style and needs. Programming sessions are scheduled based on the youth and his/her family needs; if travel, transportation, or work schedules are a barrier to service, RJCK will arrange for sessions to take place at the school (with proper consents), or at a municipal service centre/library in the community in which they reside.

## POSITIVE STRIDES PROGRAMS OFFERED:

### Teen Intervene

Brief program for youth 12-17 who are suspected of experiencing mild or moderate problems associated with drugs and/or alcohol. Goal: to increase the youth's readiness to change and make healthier choices. Consists of three one-hour sessions.

### Substance Abuse Program

In depth program rooted in cognitive behavioural therapy, and designed to assist youth aged 12-17 in achieving goals of harm reduction. Key topics can include: self-discovery, understanding dependencies, risk and protective factors, and key elements of change. Involvement can range from 8-12 sessions.

### Managing Anger & Aggression

Key topics: change talk, anger triggers, assertion and communication skills, coping skills, conflict resolution, peer pressure, and avoiding violence. This program can be tailored to youth aged 7-17; number of sessions varies.

### Theft & Vandalism

Brief intervention focused on educating youth about the greater consequences of theft and vandalism, allowing them to better understand 'the ripple effect' of their actions. Delivered in 2-3 sessions and aims to deter youth from these behaviours in vandalism in the future.

### Anti-Bullying & Harassment

Designed to help youth understand the risks involved with participating in bullying behaviours, while fostering positive social skills such as leadership, assertion, advocacy, and empathy for others. Individualized sessions available for youth aged 7-17; can be tailored to both perpetrators and victims of bullying and/or harassment.

### Dealing with Emotions

Covers a wide range of issues, such as: communication skills, low self-esteem, anxious and/or 'low,' depressive feelings, peer pressure, and goal setting. Youth are provided with tools to identify and appropriately communicate about their range of feelings, and to reach and maintain a strong level of confidence, balance, and self-worth. This program can be tailored to youth aged 7-17.

### Caught in the Net

Covers a wide range of issues that youth today are faced with due to ever-evolving social networking sites and apps; designed to educate on topics such as cyberbullying and sexting, along with the consequences that are associated with engaging in such behaviours online. This program is often delivered in 4-6 sessions for youth aged 10-17.